



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Licking County Family YMCA Youth Basketball Rules Grades 5-6 Girls & Boys

- ⇒ Four 8 minute quarters running continuously, except for the last 2 minutes of fourth quarter and time-outs.
- ⇒ Free substitution during dead ball, must notify officials.
- ⇒ Jump ball only first quarter, thereafter alternate possession.
- ⇒ One minute between quarters, three minutes between halves.
- ⇒ Clock will stop for time-outs. Each team receives 1 one minute and 1 thirty second time-out per half.
- ⇒ Free throw line for 5th grade girls is Regulation (15 feet)
- ⇒ All participants will be expected to wear their official shirt during all games. Rubber soled shoes only are permitted on the gym floor.
- ⇒ Intentional fouls will result in a two free throw shot plus the ball out of bounds.
- ⇒ Fouls are counted. Players foul out at five fouls. Team bonus will be given at seven fouls per half.
- ⇒ All rules of play are governed by the Ohio High School Athletic Association, unless otherwise noted.
- ⇒ If you are up by more than ten points you are no longer allowed to press, including a full court and half court press.
- ⇒ Teams use a CB8 basketball (Women's Ball)

Tie games @ end of regulation, will result in 2-minute overtime.