

Licking County Family YMCA Lifeguard v.6 Training

DAY	CLASSROOM	POOL	E-LEARNING/READING ASSIGNMENT
Monday, 12:00 - 5:00 pm	Module 1, 2 Introduction, paperwork, online registration for class, Begin Basic Life Support	Module 1 Physical competency requirement	Due Tuesday: Y e-learn: Lessons 1, 2 On The Guard Manual - Read: Chapters 1, 2
Tuesday, 12:00 - 5:00 pm	Module 2, 3 Basic Life Support (CPR)/Basic First Aid/Oxygen	Swimming Conditioning	Due Wednesday: Y e-learn: Lessons 3, 4, 5 Read: Chapters 3, 4
Wednesday, 12:00 - 5:00 pm	Modules 4, 5 (chapters 1,2,3,4) Prevent, Rules, Accident prevention, Scanning	Modules 4, 5 Nonswimming rescues Distressed swimmers	Due Thursday: Y e-learn: Lessons 6, 7 Read Ch. 5, 6, 7, 8, 9, 10
Thursday, 12:00 - 5:00 pm	Modules 6,7 (chapters 5,6,7,8,9,10) Recognize, EAP, Rescue, Emergency Care, Report	Modules 6, 7 Injured & unresponsive victim	Due Friday: Y e-learn: Lesson 8, 9 Read: Chapters 11, 12, 13, 14, 15
Friday, 12:00 - 5:00 pm	Modules 8, 9, 10 (chapters 8, 11, 12, 13, 14,15) Rescue, Waterparks, Waterfront, Pool Maintenance	Modules 8, 9, 10 Spinal injuries, waterfront rescues	Review all e-learning & review text & participant guide
Saturday, 12:00 - 5:00 pm	Written Test Closing	WATER TEST	Bring Lifeguard Manual to class to turn in.